

Effect of lead on reproductive physiology: The model study rat

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Abstract

AIM: to determine the lead (Pb)-induced reproductive disturbances in CII-ZV rats. **MATERIALS AND METHODS:** 40 female CII-ZV rats were divided into 4 groups of 10 rats each one, a control group and three treatment groups that received graded doses of lead acetate 0.003, 0.03 and 0.6 g/L via oral route for 30 days. We determined blood lead (Pb) concentrations by anodic stripping voltammetry (ASV), progesterone and 17 estradiol by radioimmunoassay. **RESULTS:** We found a direct relation between the concentrations of Pb administered and determined in blood. Pb administration induced morphological and physiological alterations in the ovary, changes in development and maturation of follicles as well as on steroid hormone secretion. **CONCLUSION:** Pb induced reproductive disturbances in CII-ZV rats altering the homeostasis of Hypothalamic-pituitary gonadal axis.

Effect, reproductive physiology, model

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Introduction

Lead is an important environmental pollutant present in nature due to natural and anthropogenic sources (ATSDR 2005).

Exposure to lead occurs mainly through feeding, ingestion of water or inhalation and its deposition is evident in several tissues, such as kidney, liver, brain and bones (Bressler Goldstein, 1991; Russell Moser, 1995; Michael J. Et al., 1999). Studies in both animals (Anwer et al., 1988, Antonio and Leret 2000, Burger J. et al., 2005, Yara M. Müller et al, 2008) and in humans (Al-Saleh 1994; Fraser et al., 2006). It has also been studied the effect of heavy metals on the reproductive system and the toxicity of Cd and Pb in human reproduction (X. Wang et al., 2004; LW Jackson et al., 2008; LW Jackson et al., 2011; Al-Saleh et al., 2008).

It is well documented that lead exerts a wide range of adverse biological effects on the reproductive system (Murakami, K. et al, 1993; Zhigang, D. L. et al, 1997). Lead crosses the placental barrier and accumulates in fetal tissue during the gestational period (Barraclough, C.A, 1982, 1983). The effect of Pb on the female reproductive system causes a reduction in luteinizing hormone (LH) binding and follicle-stimulating hormone (FSH) binding, altered in vitro steroidogenesis in granulosa cells isolated from rats (PN Priya et al. , 2004). Studies conducted by Katalin Paksy et al. 2011, showed that lead levels in ovarian follicular fluid do not represent a danger for the secretion of progesterone in the ovary. There was also a decrease in serum gonadotropin levels (Pillai A. et al, 2003) and serum progesterone (Gupta S. et al, 2002) by simultaneous exposure to Pb and cadmium and it was shown that in vitro exposure of cells From granulosa to Pb and Cd, cause a decrease in the production of gonadotropins and binding steroids. (Priya P. et al., 2004).

Also Laxmipriya P. Nampoothiri and Sarita Gupta (2006) demonstrated that lead and cadmium cause significant reduction in gonadotropin binding, which alters the androgenic enzymatic activity of granulosa cells.

Lead can interfere with steroidogenesis (Wiebe, JP, et al, 1983), and may affect androgen receptors (MacLean, FC et al., 1961) and inhibit Leydig cell testosterone production in vitro (Caffey, J. 1961). Research conducted by Neeta Adhikari et al. (2000) and Derbrand, B.C. et al. (1974) demonstrated that lead induces damage in spermatogenesis, decreases sperm production. The investigations of Sokol R. Z. et al. 1994; Laskey, J.W., and Phelps, P.V. 1991; Masser, 1995; Hoyer, P. et al., 2001) reported that lead in vivo causes suppression of the hypothalamic-pituitary-testicular axis. Studies by Rebeca Z. 1994 and Blazka, M. et al., 1994 showed that the toxic effects of lead on reproductive hormones in the male rat are reversible. The present investigation will allow to obtain approximate information on the health risk of people exposed to lead with doses higher than the determined average of blood lead in the general population, with the objective of applying control measures in environmental health.

Methodology.

Experimental design

The mean blood lead level in the human population of Santiago Xalizintla (Municipality of San Nicolás de los Ranchos in the State of Puebla) was 9 $\mu\text{g} / \text{dL}$ value that is within the limits permissible according to NOM-199-SSA1-2000, ENVIRONMENTAL HEALTH. The lead concentration to be evaluated was 9 $\mu\text{g} / \text{dL}$ lead in blood, which is approximately 0.03g / L, taking into account the average weight and volume ratio of human and rat.

The rats were provided by Claude Bernard Bioterio and were treated according to the rules of the Mexican Council on Care and Use of Experimental Animals based on the NOM-062-ZOO 1999 standard and the current CICUAL-BUAP parameters. Female rats of the newborn CII-ZV strain were used with a light / dark cycle controlled 12/12 hrs, with free access to the mother until the age of weaning (21 days), food (Labdiet 5008) and water ad Libitum until the day of the sacrifice. Three experimental groups and a control group of 10 rats were formed each group.

After the day of weaning (26 days) the rats were given lead acetate in the drinking water. The doses to be studied were four higher and one lower than the average dose of blood lead: 0.0 (control), 0.003, 0.03 and 0.6 g / L (three experimental doses) administered during 18 consecutive estrus cycles. On each of the four days of the third estrous cycle (estrus, diestrus I, diestrus II and proestrus) groups of 2 rats were weighed and randomly sacrificed simultaneously with 2 specimens from the control group. The autopsy was dissected and the ovaries were weighed. From each animal blood was obtained from the trunk in two vacutainer tubes with heparin, and the lead concentration was determined by the "ese" lead analyzer. To the second tube the blood was allowed to coagulate for 30 minutes, centrifuged and the serum removed, which was stored at -20 ° C until the quantification of progesterone, 17 β -estradiol. On each day of the estral cycle, the control group and each experimental concentration, 2 rats.

Histological analysis

After weighing the ovaries; the histological analysis was performed, the sections were stained with hematoxylin - eosin and analyzed in the Axioplan II Confocal motorized microscope.

Radioimmunoassay

Quantification of steroid hormones.

Quantification of progesterone and 17 β -estradiol was performed by the solid-phase radioimmunoassay method, with a Coat-A-Count Kit.

Preparation of the standard curve of progesterone and 17 β -estradiol

The standard curve was performed in duplicate, using calibrators of 0.1, 0.5, 2.0, 10, 20 and 40 ng / mL.

Estradiol

The standard curve was performed in duplicate, 0.0, 20, 50, 150, 500, 1800 and 3600 pg / mL calibrators were used and dilutions were performed to obtain standards of 0.0, 5.0, 10, 20, 50, 75, 150 and 250 pg / ML.

Statistic analysis

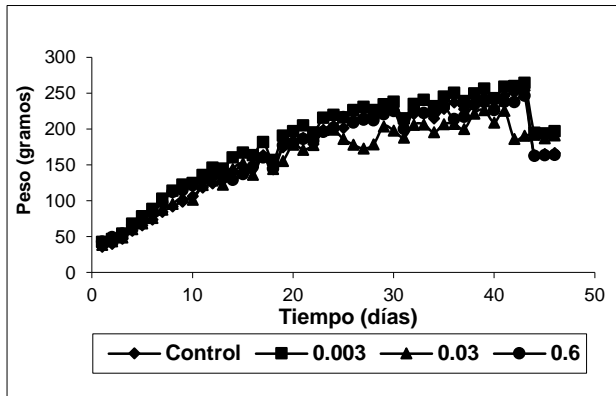
The results obtained were analyzed by the Kruskal-Wallis test followed by the Dunn test and ANOVA followed by Tukey.

Results

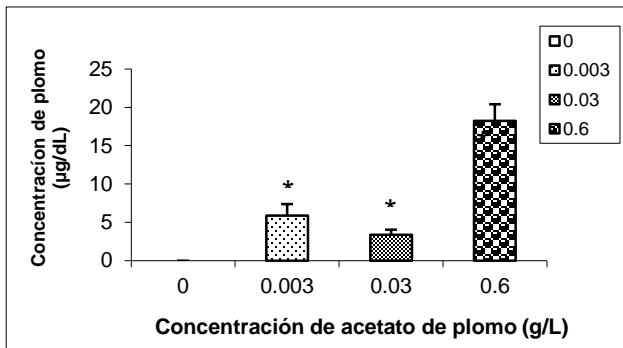
Morphometry

The body weight of the rats was similar in all experimental groups relative to the control group (Graph 1). Results related to lead concentration in blood showed a general tendency to increase and was significant in concentration 0.6 g / L. At the concentration 0.03 g / L, there was a decrease in blood lead concentration compared to 0.003 g / L and control (Graph 2). Comparing the weight of the right and left ovaries between the treated and control groups was similar, and decreased in the concentration 0.6 g / L, in relation to the control group (Graph 3).

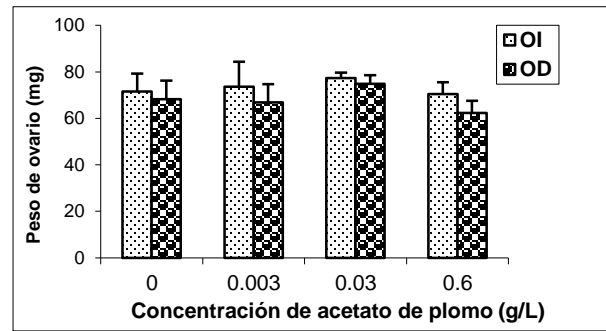
In figure 4 it was observed that as the blood lead concentration increased, the total number of follicles decreased and in the concentration 0.003 g / L significantly decreased.



Graphic 1 Mean \pm ha of the ovarian weight of the control group and the groups treated at different concentrations of lead acetate \square *P<0.005 vs control (ANOVA followed by Tukey).

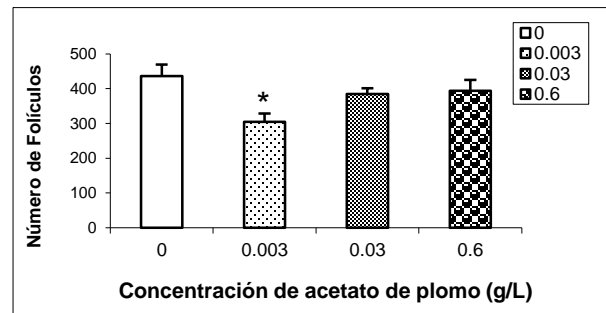


Graphic 2 Mean $\hat{A} \pm$ SEM of the blood lead concentration of the control group and the groups treated with lead acetate. * P <0.0001 vs control (ANDEVA followed by Tukey).

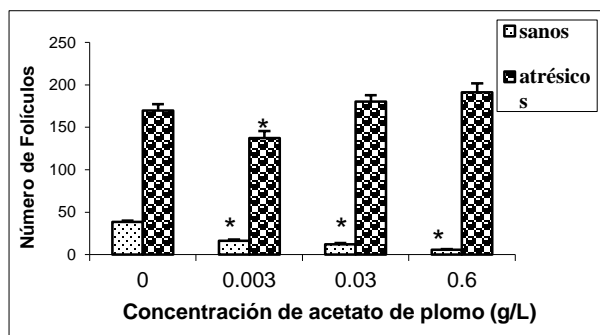


Graphic 3 Media \pm e.e.m. Graph 2. Mean \pm SEM of ovarian mass (both ovaries) of the control group and groups treated with lead acetate. * P <0.05 vs control, (ANOVA, followed by the TUKEY test).

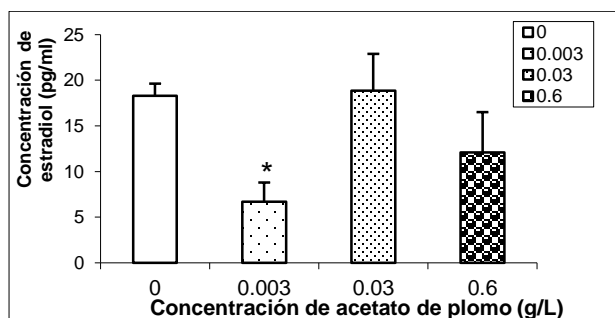
In Figure 5 a significant decrease in the number of healthy follicles was observed compared to the control group. At concentrations of 0.03 and 0.6 g / L the number of atresic follicles is similar to the control group and significantly lower in the 0.003 g / L group.



Graphic 4 Media \pm e.e.m. del Graph 2. Mean \pm SEM of the total number of follicles in the Control group and the groups treated with lead acetate. * P <0.05 vs control (Kruskall - Wallis followed by the Dunn test).



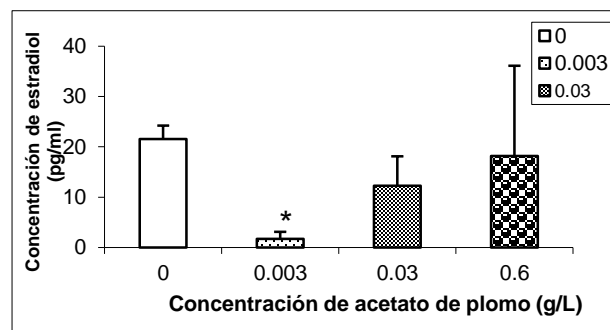
Graphic 5 Media \pm e.e.m. del número de folículos Graph 2. Mean \pm eem of the total number of healthy and atretic follicles of the control group and those treated with lead acetate. * P < 0.0001 vs control (Kruskall - Wallis followed by the Dunn test).



Graphic 6 Media \pm eem Graph 2. Mean \pm SEM of the total estradiol concentration of the control group and the groups treated with lead acetate. * P < 0.05 vs control, (ANOVA, followed by the TUKEY test).

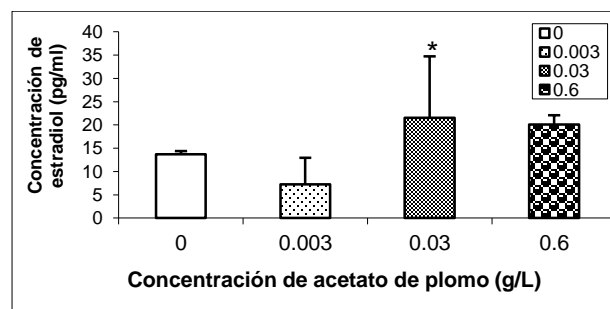
The total estradiol concentration decreased in the concentrations 0.003 and 0.6 g / L and in the concentration 0.03 g / L remained similar to the control (Graph 6).

Plasma levels of oestradiol in proestrus at all concentrations were lower than controls and in the concentration 0.003 g / L the estradiol level was significantly lower (Graph 7).

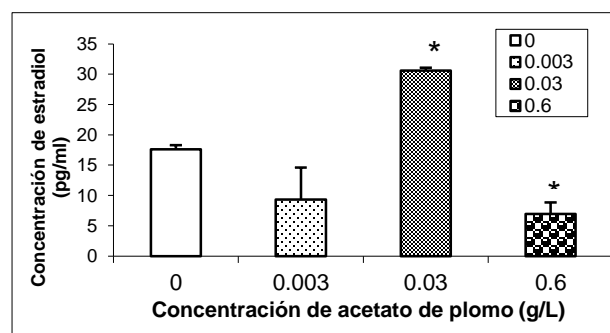


Graphic 7 Media \pm eem de la Graph 2. Mean \pm eem of the estradiol concentration in Proest of the control group and the groups treated with lead acetate. * P < 0.05 vs control, (ANOVA, followed by the TUKEY test).

Plasma levels of oestradiol estrus increased in relation to control and were significantly lower in the concentration 0.003 g / L (Graph 8).



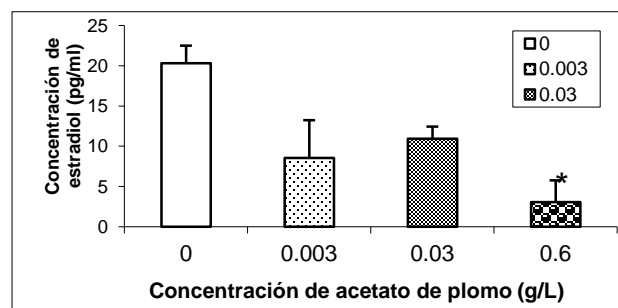
Graphic 8 Mean \pm SEM of the estradiol concentration in estrus of the control group and the groups treated with lead acetate. * P < 0.05 vs control, (ANOVA, followed by the TUKEY test).



Graphic 9 Mean \pm SEM of the estradiol concentration in right-handed 1 of the control group and the groups treated with lead acetate. * P < 0.05 vs control, (ANOVA, followed by the TUKEY test).

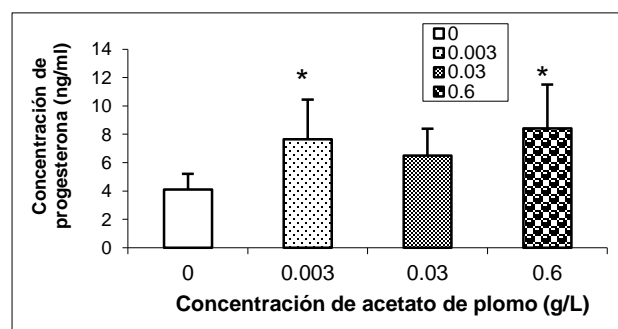
Plasma levels of estradiol in diestrus 1 decreased, being significant in the concentration 0.6 g / L. At the 0.03 g / L concentration the estradiol level increased significantly compared to the control (Graph 9).

Plasma levels of estradiol, at right ventricle 2, decreased and was significant at the concentration 0.6 g / L compared to control and other experimental groups (Graph 10).



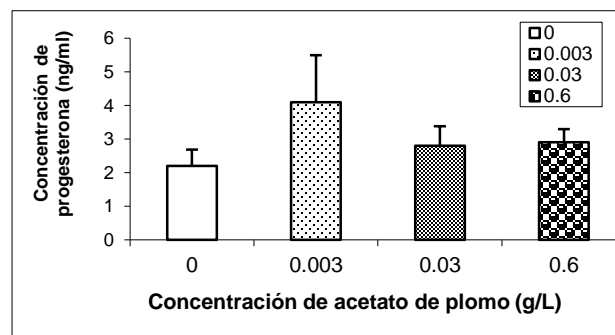
Graphic 10 Mean \pm SEM of the estradiol concentration in right-handed 2 of the control group and the groups treated with lead acetate. * $P < 0.05$ vs control, (ANOVA, followed by the TUKEY test).

Plasma progesterone levels increased in the 0.003 and 0.6 g / L concentrations and were significantly higher in the control group (Graph 11).



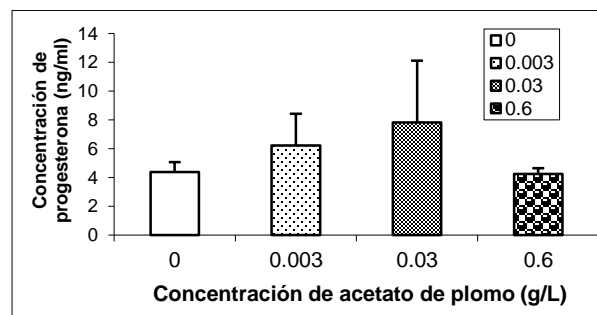
Graphic 11 Mean \pm eem of the progesterone concentration of the control group and the groups treated with lead acetate. * $P < 0.05$ vs control, (ANOVA, followed by the TUKEY test).

Plasma levels of progesterone in proestrus increased and were significant in the concentration 0.03g / L in relation to the control (Graph 12).



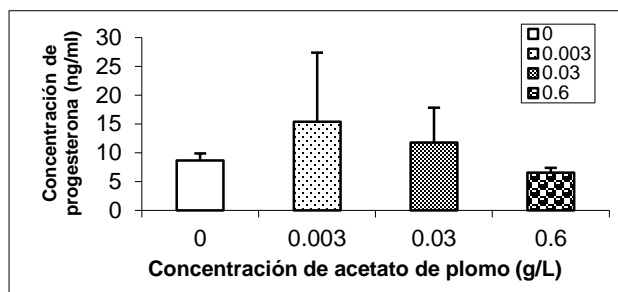
Graphic 12 Mean \pm eem of the progesterone concentration of the control group and the groups treated with lead acetate. * $P < 0.05$ vs control, (ANOVA, followed by the TUKEY test).

Plasma levels of progesterone in estrus increased at concentrations of 0.003 and 0.03 g / L and in the concentration 0.6 g / L was similar to the control group (Graph 13).

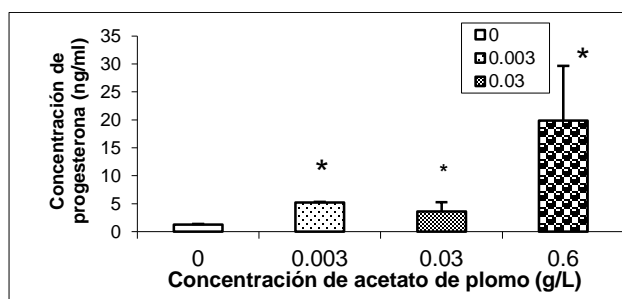


Graphic 13 Mean \pm SEM of the estrus progesterone concentration in the control group and the groups treated with lead acetate. * $P < 0.0007$ vs control, (ANOVA, followed by the TUKEY test).

Plasma levels of progesterone in diestrus 1 increased by 0.003 and 0.3 g / L relative to control and decreased significantly in the concentration 0.6 g / L (Graph 14).



Graphic 14 Mean \pm ha of the progesterone concentration in right-handed 1 of the control group and the groups treated with lead acetate. * $P < 0.0007$ vs control, (ANOVA, followed by the TUKEY test).



Graphic 15 Mean \pm SEM of the progesterone concentration in right-handed 2 of the control group and the groups treated with lead acetate. * $P < 0.0007$ vs control, (ANOVA, followed by the TUKEY test).

Plasma levels of progesterone in diestrus were significantly increased in all treated groups compared to the control group and were very high at 0.6 g / L (Graph 15).

Pathology

Similar morphological alterations were observed in the development of proliferative and cytological phenomena and were more aggressive and invasive in the 0.6 g / L concentration of lead acetate.

Figure 1 shows granulosa cells that do not have a nucleus, these cells are also located in the antrum in the follicular fluid.

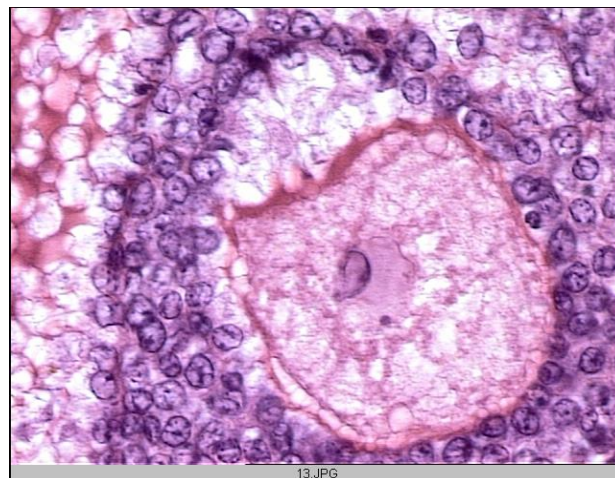


Figure 1 Transverse section of ovary. The oocyte presents nucleus and nucleolus and is atretic, stained with Hematoxylin-eosin 40x.

The follicle oocyte is atretic is surrounded by anucleated cells, has lost its shape and there are some pycnotic cells in the crown, rupture of the pellucid membrane is observed and the follicle begins to luteinize.

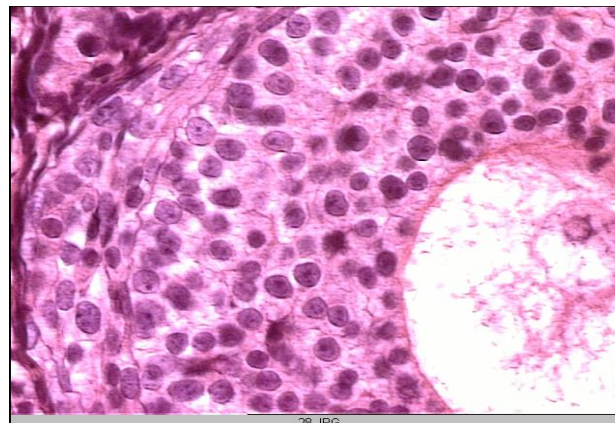


Figure 2 Transverse section of ovary. Primary follicle with atretic oocyte and internal teak thickening. Tinted with Hematoxylin-eosin 40x.

Figure 2 shows an atretic follicle, presenting an oocyte with its nucleus, nucleolus and zona pelucida; there are presence of surrounding anucleated cells, granulosa cells with pycnosis, desquamation and large intercellular spaces.



Figure 3 Transverse section of ovary. Infiltration by anucleated cells into the oocyte. Tissue with Hematoxylin-eosin 100x.

Figure 3 shows how channels form between the pelucidal zone and the oocyte membrane through which the contents of the anucleated cells, formed in the radiated corona, can be directed into the oocyte and the degradation of the pellucida and oocyte membrane.

Discussion

Lead acetate has been shown to reduce the weight of some organs of the reproductive system depending on the dose, duration and age of the animal (Sokol, R. Z et al, 1991; Nahan, E et al., 1992, Correa et al., 2004, Yara M. R et al, 2008). Based on the results obtained on body weight and ovarian mass in most of the experimental groups, it was observed that lead does not affect the body weight of the rat, however, in the concentration 0.6g / L the weight of the ovary decreased (Figure 1).

Research by Palminger et al. (1991) showed that most lead in blood is fixed in erythrocytes (Lorentzo AV et al, 1977) and that blood lead levels remain constant despite continued exposure to Lead, in this situation, the body has to maintain the homeostatic balance by accumulating surplus lead in bone and other tissues (Fei Yu et al., 2008).

This criterion coincides with the results, which showed that the administration of 0.6 g / L lead acetate reflected a concentration of 19 μ g / dl lead in blood (see graph 2), suggesting that there is a limit of Transport of lead in blood and that circulating lead surplus is redistributed and accumulated in bone and other organs (Fei Yu et al., 2008); In this case we can suggest that one of the affected organs could be the ovary due to the morphological alterations observed during the follicular development. This criterion agrees with the results obtained by Flower et al. 1994; Khan-Dawood et al .; Wilson C.A. Et al. 1992, Fei Yu et al., 2008, A. Pollack et al, 2011; C.M. Gallagher et al, 2010; E.F. Krieg Jr., H.A. Feng 2011; K. Paksy et al, 1997; L.W. Jackson et al, 2011.

It is known that granulosa and teak cells are sensitive or vulnerable to heavy metals, by research conducted by Krinitz et al (1978); Petrusz et al (1979); Vermande-Van Eck et al. (1960), showed that lead salts cause follicular atresia, inhibit follicular development, ovulation does not occur and puberty is delayed. This suggests that lead crosses the granulosa layer and interferes with the process of steroidogenesis (P.N. Priya, A. Pillai, S. Gupta, 2004). This information coincides with the results obtained in the concentration of 0.6g / L lead acetate, a reduction in the number of secondary and tertiary follicles was observed and follicular atresia increased (Graph 5). These results coincide with the work of (Petrusz, P et al, 1979; Maxim Khotimchenko et al 2006). We can infer that as the concentration of lead in blood increases, the number of healthy follicles decreases and the atresics increase (Graphs 4 and 5).

There is evidence that lead exerts its toxic effects on the hypothalamic-pituitary-gonad axis produced by inhibition in the synthesis and release of gonadotropins. In this sense the works carried out by Ronis and col (1998).

They showed that in prepubertal females exposed to lead they had delayed vaginal opening and the estrous cycle was interrupted. By *in vitro* studies, lead blocks the secretion of GnRH in the middle eminence, an event associated with low PGE2 secretion. We also found low levels of IGF-1 in the hypothalamus required to activate the GnRH / LH release systems (P.S. Christensen et al, 2016). Therefore it can not be ruled out that lead exposure disrupts the circulatory development of GnRH within the hypothalamus and the mean eminence.

The results showed that, by administering minimal concentrations of lead acetate, estradiol concentrations decreased and progesterone increased proportionally as the administered lead acetate concentration increased (L. W. Jackson et al., 2011) (see graphs 6-15).

These results demonstrate that exposure to lead is associated with increased DNA and RNA and protein synthesis; so we can infer that there is a relationship between the concentration of lead in the nucleus and the subsequent alterations in cell division.

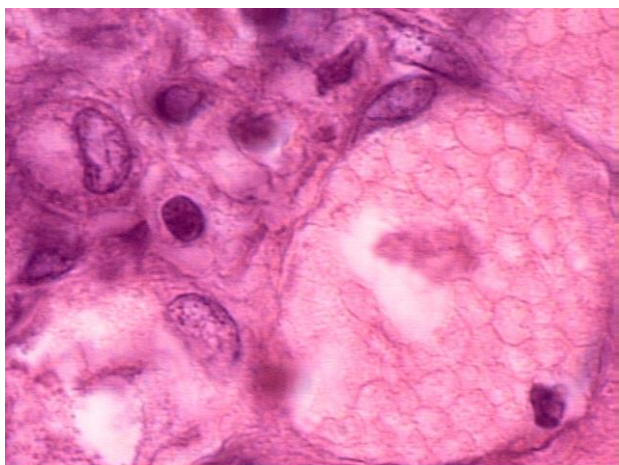


Figure 4 Transverse section of ovary. Formation of irregular bodies in the corpus luteum. Dyed with Hematoxylin-eosin 100x.

A characteristic sign of lead poisoning is intracellular inclusion bodies. These were located in granulosa cells in the process of desquamation and in the corpus luteum, these results coincide with those of Terry D. Oberley et al. (1995). (Figure 4).

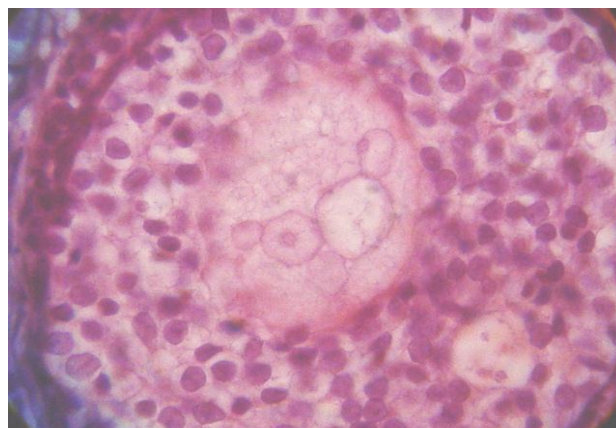


Figure 5 Transverse section of ovary. Presence in some follicles of multiple and multinucleated oocytes. Tissue with Hematoxylin-eosin 100x.

Another characteristic alteration was the presence of multiple oocytes within an ovarian follicle, some oocytes presented several nuclei (Figure 5).

The antecedents and results obtained can be inferred that lead delays the vaginal opening, alters the estrous cycle, and interferes with the secretion of FSH, LH, in the production of progesterone and estradiol in the follicle, producing an increase in the atresia of healthy follicles.

These results support the hypothesis that as the concentration of lead acetate in the bloodstream increased, the greater the morphological alteration in the ovary and the physiology in controlling the secretion of ovarian hormones, growth and Gonadal maturation (A. Pollack et al, 2011, CM Gallagher et al, 2010, EF Krieg Jr., HA Feng 2011, K. Paksy et al, 1997; LW Jackson et al, 2011).

It is concluded that the administration of lead acetate alters the normal functioning of the hypothalamic-pituitary-gonadal axis and directly influences the ovary physiology. There is a direct relationship between the concentration of lead administered and that determined in blood. Alterations in the secretion of ovarian hormones caused morphological alterations and changes in follicular development and maturation characteristic of the concentration 0.6g / L.

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